

Mama's Broken Heart

Count: 32 Wall: 2 Level: Low Intermediate

Choreographer: Chris Kuchar, Cheryl Dibble & Kathleen Slattery (April 2015)

Music: Mama's Broken Heart by Miranda Lambert



Start dancing on lyrics

STOMP RIGHT-LEFT-RIGHT, ROCK RECOVER, SHUFFLE TURNING ½, TURN ¼

- 1&2 Stomp right forward, stomp left back, stomp right forward
3-4 Rock left forward, recover to right
5&6 Chassé back left-right-left turning ½ left
7-8 Step right forward, turn ¼ left (weight to left) (3:00)

CROSS RIGHT OVER, SAILOR STEP, CROSS LEFT OVER, SAILOR STEP

- 1-2 Cross right over, step left side
3&4 Right sailor step
5-6 Cross left over, step right side
7&8 Left sailor step

RIGHT KICK BALL POINT, SAILOR STEP TURN ¼ RIGHT, RIGHT KICK BALL POINT, BEHIND SIDE CROSS

- 1&2 Kick right forward, step right together, point left side
3&4 Left sailor step turning ¼ right
5&6 Kick right forward, step right together, point left side
7&8 Behind-side-cross left-right-left

CHARLESTON TWICE

- 1-2 Touch right forward, step right back
3-4 Touch left back, step left forward
5-6 Touch right forward, step right back
7-8 Touch left back, step left forward

REPEAT

TAG 1: On wall 4, after 8 counts (at 9:00)

- 1&2& Touch right heel forward, step right together, touch left heel forward, step left together
3&4 Touch right together, clap, clap

After the first Tag, the dance remains a two wall dance, now facing the side two walls

TAG 2: End of wall 8 (at 9:00)

- 1&2& Touch right heel forward, step right together, touch left heel forward, step left together
3 Touch right together

Slight pause until music starts, then Restart

Contacts: ckuchar@nycap.rr.com, jslatte2@nycap.rr.com, cherdib@aol.com